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| I:\Cross Gates Primary\Cross Gates Primary LOGO.jpg | **DT: Food – Wraps** | | | **I:\Cross Gates Primary\Cross Gates Primary LOGO.jpg** |
| **Year Group: 2** | **Subject Focus: DT** | **Term: Summer 2** |
| **We will learn:**   * That ‘diet’ means the food and drink that a person or animal usually eats. * What makes a balanced diet. * The five main food groups: carbohydrates, fruits and vegetables, protein, dairy and oils and spreads. * That I should eat a range of different foods from each food group, and roughly how much of each food group. * That ‘ingredients’ means the items in a mixture or recipe. * How to cut, grate, snip and spread to prepare foods. * How to review and give a score to evaluate. | | **Our learning journey:**   * Name the main food groups and identify foods that belong to each group. * Describe the taste, feel and smell of a given food. * Think of different wrap ideas, considering flavour combinations. * Construct a wrap that meets the design brief and our plans.   **Key skills we will learn:**   * Chopping foods safely to make a wrap. * Grating foods to make a wrap. * Snipping smaller foods instead of cutting. * Spreading soft foods to make a wrap. * Identifying the five food groups. * Learning about a balanced diet. * Tasting and evaluating different food combinations. * Describing appearance, smell and taste. * Designing three wrap ideas.   **Useful links:**  <https://www.bbc.co.uk/bitesize/articles/zppvv4j>  <https://www.youtube.com/watch?v=YimuIdEZSNY>  <https://www.youtube.com/watch?v=C1SDXOP6Fbc> | **Key words:**   |  |  | | --- | --- | | balanced | The right amount of things. | | ingredients | The different items in a mixture or recipe. | | diet | The food and drink that a person or animal usually eats. | | dairy | A food group that is made from animal milk. Dairy contains calcium which helps our bones and teeth develop. | | carbohydrates | A food group that gives us energy. | | grater | A tool that cuts food into small pieces. | | protein | A food group that helps us grow and develop. | | combination | A mix of different things. | | table knife | A slightly less sharp knife that is used mainly for spreading food or cutting cooked food. | | design | A plan to show how something is going to look. |   .  **Real life: End results!** | |