

What support will be there for my child's overall well-being?

Cross Gates Primary School offers a wide variety of pastoral support for pupils who are encountering emotional difficulties.

- All members of staff are committed to an inclusive ethos in which all children will flourish. They are empathetic and tolerant to the needs of children.
- Lessons are planned through the You, Me and PSHE scheme of work and MindMate lessons for all year groups to support understanding of feelings and emotions, along with where to access support if needed.
- We use the Zones of Regulation throughout school to support children to identify and regulate their emotions. Each class has a display and the system is proactively taught to each year group.
- Every class has a 'calm corner' with a variety of calming strategies to work in conjunction with the Zones of Regulation.
- We have a nurture room and a calm room for pupils to access if they are not able to regulate in the communal areas.
- We have a sensory room in The Hub to support children with sensory needs to have a space to regulate themselves.
- Children in EYFS can access Forest School.
- We have calming décor throughout school including hessian backed display boards, neutral colour system, natural resources and low lighting.
- Miss Smith works with small groups and individual children on a variety of nurturing activities, including time for children to share any concerns, develop social skills with our youngest pupils, and support transition to secondary school for some pupils that need additional time to support a successful transition.
- Children who require additional emotional support are also given permission to 'drop in' to access support from Miss Smith or Mrs Wilkinson when they feel that they need it.

- Members of staff including the class teacher, Mr Garden (Head Teacher), Mrs Wilkinson (Assistant Head of Inclusion/SENCO/DSL), Miss Harrison (Assistant Head of Early Years), Miss Beaumont (Assistant Head of Quality of Education) and Miss Smith (Learning Mentor) are readily available for pupils and their parents who wish to discuss issues and concerns.
- Specialised support is provided for some pupils through SENIT (Special Educational Needs Inclusion Team), MindMate Support Team, CAMHS (Mental health and well – being), The Beck (1:1 counselling) and a referral to the cluster can be made for behavioural support, play therapy and family work.
- Breakfast Club promotes attendance and punctuality as well as a healthy start to the day; which is vital if learning is to take place.