

PE LONG TERM PLAN 2024-2025	RESPECT					
	RESPONSIBILITY	RISK-TAKING	RESILIENCE	REFLECTIVE	RESOURCEFUL	RELATIONSHIPS
	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Agility	Gymnastics	Dance	Fitness Yoga/Mindfulness	Striking and Fielding- Kwik Cricket	Net/wall - Tennis
	Teambuilding activities	Agility	Invasion - Football (ball control)	Invasion - Tag (fundamentals)	Invasion - Tag (fundamentals)	Multi-skills/Sports Day prep
Year 2	Gymnastics	Gymnastics	Dance	Fitness Yoga/Mindfulness	Striking and Fielding - Kwik Cricket	Net/wall - Tennis
	Teambuilding activities	Agility	Invasion - Football (ball control)	Skipping	Invasion - Tag (fundamentals)	Multi-skills/Sports Day prep
Year 3	Teambuilding activities	Gymnastics	Dance	Invasion- Netball	Net/Wall - Tennis	OAA/ Athletics
	Invasion - Hockey	Multi-skills	<u>Dodgeball</u>	Fitness Yoga/Mindfulness	Striking and Fielding - Kwik Cricket	<u>Athletics</u>
Year 4	Teambuilding activities	Gymnastics	Skipping/ Dance	Invasion- Hockey	Invasion - Netball	Multi-skills/ Sports day prep
	Swimming	OAA*** - Herd farm Basketball	Dance/Handball	Athletics	Tennis	Kwik Cricket
Year 5	Teambuilding activities	Gymnastics	Striking and Fielding - Kwik Cricket	Net/wall - Tennis	<u>Invasion- Tag Rugby</u>	Multi-skills/ Sports day prep
	Swimming	Swimming	Swimming	Swimming Yoga/Mindfulness*	Swimming	Swimming
Year 6	Teambuilding activities	Gymnastics	Dance	Net/Wall - Tennis	Invasion - Tag Rugby	Multi-skills/Sports Day prep
	<u>Invasion - Football</u>	Net/Wall - Badminton	Invasion - Netball	Fitness Yoga/Mindfulness	Handball	Striking and Fielding - Rounders/Cricket OAA**

*To be built into other curriculum areas **Not included in Greenacre Scheme ***Taught during residential
Taught by Premier Underlined = Competition available

